

ZC 2026: Session: 1: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Moreels Barbara

Coaches: Schepers Jérôme

Coaches: Bijloos Annie

Coaches: Dewit Isabelle

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY MEN 13-14			Heat:3, starttime: 09:05
Heat: 3/4 Lane : 4 Athlete: SCHEPERS RUBEN			Q-time: 01:20:95
PB (50m pool): 01:20.95 Antwerpen 15/03/2026			PB (25m pool): 01:18.24 SB: 01:20.95 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.52	01:20.95	
	00:36.52	00:44.43	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 15+			Heat:3, starttime: 09:13
Heat: 3/9 Lane : 1 Athlete: LUYPAERT EDEN			Q-time: 01:29:02
PB (50m pool): 01:29.02 Antwerpen 13/07/2025			PB (25m pool): 01:28.87 SB: 01:31.27 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.73	01:29.02	
	00:40.73	00:48.29	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 15+			Heat:5, starttime: 09:17
Heat: 5/9 Lane : 4 Athlete: DE COCK MATZ			Q-time: 01:21:00
PB (50m pool): 01:21.00 Antwerpen 15/03/2026			PB (25m pool): 01:23.49 SB: 01:21.00 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:37.80	01:21.00	
	00:37.80	00:43.20	
			

Coach feedback:

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Event number: 5: 50M BACKSTROKE MEN 13-14					Heat:3, starttime: 10:33	
Heat: 3/7 Lane : 6 Athlete: BOEL ELIAS					Q-time: 00:40:51	
PB (50m pool): 00:40.51 Sportoase De Watermolen 29/03/2026 PB (25m pool): 00:41.65 SB: 00:40.51 Sportoase De Watermolen 29/03/2026						
	5 0 M					
PB	00:40.51					
	00:40.51					
						

Coach feedback:

Event number: 6: 200M BREASTSTROKE WOMEN 13-14					Heat:7, starttime: 11:06	
Heat: 7/7 Lane : 8 Athlete: DEBAETS ELIEN					Q-time: 03:15:14	
PB (50m pool): 03:15.14 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 03:17.25 SB: 03:15.14 Lago Gent Rozebroeken 03/05/2026						
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:45.64	01:36.13	02:26.46	03:15.14		
	00:45.64	00:50.49	00:50.33	00:48.68		
						

Coach feedback:

Event number: 9: 50M BUTTERFLY MEN 11-12							Heat:3, starttime: 11:44	
Heat: 3/9 Lane : 4 Athlete: REYNIERS WARRE							Q-time: 00:47:12	
PB (50m pool): 00:47.12 Antwerpen 15/03/2026							PB (25m pool): 00:50.62 SB: 00:47.12 Antwerpen 15/03/2026	
	5 0 M							
PB	00:47.12							
	00:47.12							
								

Coach feedback: